

Baby Kate

Choreographer: Niels Poulsen (Denmark)

niels@love-to-dance.dk - www.love-to-dance.dk

Date of choreography: October 4, 2009



Type of dance: 32 counts, 2 walls

Level: Beginner

Music: 'Sister Kate' by The Ditty Bops. Available on iTunes

1 easy tag: After wall 1 (facing 6:00), after wall 3 (facing 6:00), and after wall 6 (facing 12:00). See info below for tag steps

Intro: 8 counts from first heavy beat, app. 10 secs into track. Start with weight on L foot

Note: This is a beginner floor-split to Ria Vos' brilliant dance 'Sister Kate'

Counts	Footwork	End facing
1 – 8	R toe strut, L toe strut, R kick ball change, R rock fw, R coaster step	
1&2&	Step fw on ball of R foot (1), step down on whole foot (&), step fw on ball of L foot (2), step down on whole foot (2)	12:00
3 & 4	Kick R fw (3), step R next to L (&), change weight to L foot (4)	12:00
5 – 6	Rock R fw (5), recover weight to L foot (6)	12:00
7 & 8	Step back on R foot (7), bring L next to R (&), step fw on R (8)	12:00
9 – 16	L toe strut, R toe strut, L kick ball change, L rock fw, L coaster step	
1&2&	Step fw on ball of L foot (1), step down on whole foot (&), step fw on ball of R foot (2), step down on whole foot (2)	12:00
3 & 4	Kick L fw (3), step L next to R (&), change weight to R foot (4)	12:00
5 – 6	Rock L fw (5), recover weight to R foot (6)	12:00
7 & 8	Step back on L foot (7), bring R next to L (&), step fw on L (8)	12:00
17 – 24	R rock fw, R shuffle back, L rock back, L shuffle fw	
1 – 2	Rock fw on R (1), recover weight to L foot (2)	12:00
3 & 4	Step back on R (3), bring L next to R (&), step back on R (4)	12:00
5 – 6	Rock back on L foot (5), recover weight to R foot (6)	12:00
7 & 8	Step fw on L (7), bring R next to L (&), step fw on L (8)	12:00
25 – 32	Step ¼ L X 2, R charleston step	
1 – 2	Step fw on R foot (1), make ¼ L (weight on L) (2)	9:00
3 – 4	Step fw on R foot (3), make ¼ L (weight on L) (4)	6:00
5 – 6	Point R foot fw (5), step back on R (6)	6:00
7 – 8	Point L foot back (7), step fw on L (8)	6:00
<i>Begin again!...</i>		
TAG	After wall 1 (facing 6:00), wall 3 (facing 6:00) and wall 6 (facing 12:00). Add a R charleston step:	
1 – 4	Point R fw (1), step back on R (2), point L back (3), step fw on L (4)	