

BEAUTY AND THE BEAT

Choreographed by Alison Biggs, December 2007

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4 wall 64 count improver line dance (no tags, no re-starts, no bridges...)

Music: You Are So Beautiful – Mark Medlock from the CD Mr. Lonely

(Start on verse vocals, 32 counts after the heavy beat kicks in – 32 seconds into the song)

1-8 R side, L together, R side shuffle, L cross rock & recover, L side shuffle with ¼ L

1-2 Step R side, step L together

3&4 Step R side, step L together, step R side

5-6 Cross rock L over R, recover weight on R

7&8 Step L side, step R together, turning ¼ left step L forward

9-16 R & L fwd struts, R fwd rock & recover, R coaster cross

1-4 Touch R fwd, step R heel down, touch L fwd, step L heel down

(Option: turn full turn L on struts)

5-6 Rock R forward, recover weight on L

7&8 Step R back, step L together, cross step R over L

17-24 L side, R together, L side shuffle, R cross rock & recover, R side shuffle with ¼ R

1-2 Step L side, step R together

3&4 Step L side, step R together, step L side

5-6 Cross rock R over L, recover weight on L

7&8 Step R side, step L together, turning ¼ right step R forward (12 o'clock)

25-32 L & R fwd struts, L fwd rock & recover, L coaster cross

1-4 Touch L forward, step L heel down, touch R forward, step R heel down

(Option: turn full turn R on struts)

5-6 Rock L forward, recover weight on R

7&8 Step L back, step R together, cross step L over R

33-40 ¼ R monterey, L side shuffle, R back rock & recover

1-2 Touch R toes to R side, turning ¼ right step R together

3-4 Touch L toes to L side, touch L toes together

5&6 Step L side, step R together, step L side

7-8 Rock R back, recover weight on L

41-48 Grapevine R with ½ R & scuff, L side shuffle, R back rock & recover

1-2 Step R side, cross step L behind

3-4 Turning ¼ right step R forward, turning ¼ R on R scuff L forward

5&6 Step L side, step R together, step L side

7-8 Rock R back, recover weight on L

Alternative steps for counts 3-6

3&4 Turning ¼ right shuffle forward

5&6 Turning ¼ right side shuffle left

49-56 ¼ R monterey, L side shuffle, R back rock & recover

1-3 Touch R toes to R side, turning ¼ right step R together

3-5 Touch L toes to L side, touch L toes together

5&6 Step L side, step R together, step L side

7-9 Rock R back, recover weight on L

57-64 Weave R 2, ¼ R & fwd shuffle, L fwd rock & recover, L coaster cross

1-2 Step R side, cross L behind R

3&4 Turning ¼ right step R forward, step L together, step R forward

5-6 Rock L forward, recover weight on R

7&8 Step L back, step R together, cross step L over R