

J HO AB

Absolute Beginners

32 count 2 Wall Dance

Choreographed by Tiffany Carter (UK) April 09

Music: A.R. Rahman & The Pussycat Dolls

Jai Ho (You Are My Destiny)

Right Grapevine, Side Touches

1-2 Step Right To Right Side, Cross Left Behind Right

3-4 Step Right To Right Side, Touch Left Beside Right

5-6 Step Left To Left Side, Touch Right Beside Left

7-8 Step Right To Right Side, Touch Left Beside Right

optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.

Left Grapevine, Side Touches

9-10 Step Left To Left Side, Cross Right Behind Left

11-12 Step Left To Left Side, Touch Right Beside Left

13-14 Step Right To Right Side, Touch Left Beside Right

15-16 Step Left To Left Side, Touch Right Beside Left

optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.

Step Forward Right & Heel Bounces ¼ Turn Left X2

17-20 Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left

21-24 Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left

optional arms: Tommy Cooper "Just Like That" or

Put arms straight down with palms facing ground and bounce shoulders in time with heel bounces

'V Step' X2

25-26 Step Forward And Out On Right, Step Forward And Out On Left

27-28 Step Back On Right, Close Left To Right

29-30 Step Forward And Out On Right, Step Forward And Out On Left

31-32 Step Back On Right, Close Left To Right

Start Again And Enjoy